

MEDICAL

Both resorts have contingency medical plans for diving and non-diving emergencies. First aid kits, oxygen and defibrillators are available at both resorts.

RECOMPRESSION FACILITIES

The closest recompression chamber to Puerto Galera is Batangas and the closest to Dumaguete is in Cebu. Full DAN oxygen kits and first aid kits are included on day trip boats to Verde Island, Apo Island and other island trips.

Local dives are around two to fifteen minutes maximum from the resorts. A pony bottle with oxygen and regulator on all local dive trips.

MEDICATION

There are several pharmacies in close proximity to each resort. A prescription may be required for some medicines you could normally purchase without at home. If there is a specific medication you require we recommend you bring enough for the duration of your stay.

VACCINATIONS

Neither location is considered a risk for Malaria but inoculations for Hepatitis A, Typhoid, Polio and Tetanus are recommended. As always, your physician should be consulted on these and other questions you may have about travelling to the tropics. We strongly recommend drinking plenty of water and other non-alcoholic fluids during your stay.

MEDICAL REQUIREMENTS FOR DIVING COURSES

A medical form is part of the required paperwork to participate in a diving course. If you have a YES answer to any question, medical clearance will be required by a doctor.

We recommend getting doctors clearance if you have any medical conditions before arrival in the Philippines.

ADDITIONAL INFORMATION

It is not recommended to drink tap water. Atlantis provides complimentary filtered water. Glass bottles are provided in each room which are refilled at the bar free of charge. Bottled water is also available.. Small cuts and scrapes can become infected in tropical weather, make sure to clean and cover immediately.

Health and diving accident insurance is HIGHLY recommended (and required for Azores Charters)